

SOHC Inc. Newsletter October 2019

Updated website by Objectified Software http://www.saskohc.ca/

Through a unified voice, the Saskatchewan Oral Health Coalition Inc. works collaboratively with dedicated partners to improve the oral and overall health of Saskatchewan residents. As an inter-disciplinary group, we strive to identify and address the needs of vulnerable populations, and by using evidence based decision making, promote advocacy, education, prevention and standards.

In This Issue:	Page

Save the date for **SOHC Inc. Education Day, Monday October 21, 2019 Regina**

Please see page 1 and page 14 for more information

SOHC Inc. Presents October 21, 2019

SOHC Education Day Education Day 8:00 am – 4:00 pm

Travelodge Hotel & Conference Centre Regina 4177 Albert Street South Regina SK., S4S 3R6

This Meeting <u>will not</u> be live-streamed

Lunch will be provided.
Please RSVP by October 14, 2019
to sohcadmin@saskohc.ca

(306)586-3443

14

(This is required to plan lunch. Let us know if any specific dietary requirements are needed.) "Please feel free to attend as travel permits"



Saving the Date





Saskatchewan Government

Information from the substance abuse and oral health focus group on cannabis

Cannabis Resources for Health Care Providers

The following resources have been developed for health care professionals and providers. In some cases, the resource listed is an external link that has been created by a third-party. If you have questions about a resource, please contact the Ministry of Health at info@health.gov.sk.ca.

Ministry of Health Cannabis Fact Sheet

Cannabis (marijuana, pot, weed, reefer, MJ, dope or grass) comes from the plant, Cannabis sativa. Once grown, the leaves and flowers can be dried for use or made into oils, waxes and other products for consumption. Cannabis can be smoked in a joint, pipe or bong, or vaporized. It can also be eaten, brewed as a tea or made into skin lotions.

Cannabis contains many chemical compounds. Two that receive a lot of attention are THC (delta-9-tetrahydrocannabinol) and CBD (cannabidiol). THC is what makes people "high"; CBD is often used to alleviate pain and does not result in a "high."

Health Canada Cannabis Health Effects website SOHC Inc. webpage

How a plant can be harmful video click <u>here</u>



General Resources

Ministry of Health Cannabis Fact Sheet

Health Canada Cannabis Health Effects website

Centre for Addictions and Mental Health Cannabis website

Centre for Addictions and Mental Health's Lower-Risk Cannabis Use Guidelines (LRCUG)

Canadian Public Health Association (CPHA) cannabis related items

CPHA Webinars:

Youth and Cannabis Legalization: Considerations for Public Health and Prevention Legalizing Cannabis: Clearing the smoke with Dr. Elaine Hyshka

Resources Related to Pregnancy and Breastfeeding

<u>Best Start (Ontario's Maternal Newborn and Early Child Development Resource Centre) Risks of Cannabis on Fertility, Pregnancy, Breastfeeding and Parenting Fact Sheet</u>

<u>Canadian Centre on Substance Abuse and Addiction Clearing The Smoke on Cannabis: Maternal Cannabis</u> Use During Pregnancy - An Update

The Society of Obstetricians and Gynaecologists of Canada (SOGC) Pregnancy Info Website





For Doctors/OBGYNs

The <u>Canadian Medical Association website</u> contains information on the CMA's work on cannabis and guidance for doctors related to medical and non-medical use cannabis.

The Society of Obstetricians and Gynaecologists of Canada (SOGC) website <u>PregnancyInfo.ca</u> delivers evidence-based information on pregnancy and childbirth to the Canadian public and health care professionals, and features information about cannabis and pregnancy/breastfeeding.

The Saskatchewan Medical Association has gathered physician-specific information related to

The <u>Saskatchewan Medical Association</u> has gathered physician-specific information related to cannabis use.

The College of Physicians and Surgeons of Saskatchewan has important information physicians need to know about their bylaws before prescribing medical cannabis. You can learn more by <u>visiting their</u> medical cannabis website.

For Nurses and Nursing Professionals

Canadian Nursing Association (CNA) website includes:

fact sheets;

webinars in both French and English; and,

information about preparations for the legalization of non-medical cannabis, which emphasizes public health and a harm reduction approach, and outlines the role of registered nurses and nurse practitioners in the use of medical cannabis.

For Pharmacists and Pharmacy Professionals

It could be dangerous using cannabis or medical marijuana with other substances such as illicit (street) drugs, medications (prescription and over-the-counter), supplements and herbal products. This can include:

drugs which cause drowsiness (sleeping pills, tranquilizers, some pain medications, some allergy or cold medications, anti-seizure medications); and

antiretroviral drugs used in the treatment of HIV/AIDS, anti-depressants, stomach acid inhibitors, certain antibiotic and antifungal medications, certain heart medications, and Saint John's Wort.

For more information, speak to your professional organization or visit: click here

Cannabis for Medical Purposes

Medical cannabis (marijuana) has been available in Canada since 2016. For more information, visit <u>Health Canada's Medicinal Use Marijuana page</u>.

RxFiles in Saskatchewan has developed two resources related to medical cannabis that may be useful:

- For health care providers: <u>Cannabinoids / Medical Cannabis Newsletter, Chart, Q&A, Consent/Agreement</u>
- For people thinking about starting medical cannabis: Medical Cannabis Q&A Patient Booklet







saskatchewan preventioninstitute our goal is **healthy** children

Sask Prevention Institute video here



ebec confirms 1st case of vaping-related illness

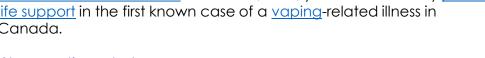
E-CIGARETTES

CBC News Saskatchewan Ministry watching for vaping related illness video

The Saskatchewan Ministry of Health is now monitoring intensive care units across the province for vaping-

related illness, but says there have been no cases in the province so far.

Global News Video on Vaping: How dangerous is vaping? What we know about its health risks. A London, Ont., youth was recently put on life support in the first known case of a vaping-related illness in Canada.



Story continues below

In the U.S., at least eight people have died

from a mysterious respiratory illness related to vaping, according to

data from the Centers for Disease Control and Prevention (CDC). On Thursday, NPR reported there are 530 reported cases of vaping-related lung injuries in the U.S.

As more stories come out about the risks of vaping, eight Canadian health organizations have called for urgent action from the federal government to treat vaping like smoking.

Nearly 1 in 4 Teens have tried vaping – Here's how parents can talk about it click here



Government of Canada

Gouvernement du Canada

Government of Canada web vaping information click here



Government of Canada web Risks of vaping click here

Click here for the Video of The Mechanics of Vaping – YouTube

Published on Jul 31, 2019

Take a deeper look at vaping devices and the process of vaping; from the heating of liquid, to vaporization to inhalation.

Ontario Tobacco PDF version of: Interventions to Prevent Harms from Vaping Risks of Vaping Health Canada warning carries risk of pulmonary illness - click here



Canadian Dental Associtation Vaping and Oral Health click <u>here</u>

Vaping 101 for dentists click <u>here</u>



Smoking and Youth Oral Health click here

<u>Facts</u> you need to know-

John **Hopkins** Medicine

Juuling (Vaping): Increasing Regulation Due to Its Dangers Click Here

E-HOOKAS





CDA @asis







Spotlight on Oral Health



Diabetes and Oral Health What is diabetes?

Diabetes is a chronic disease in which the body either cannot produce insulin or cannot properly use the insulin it produces. Insulin is a hormone that controls the amount of glucose (sugar) in the blood. Diabetes leads to high blood glucose levels, which can damage organs, blood vessels and nerves. The body requires insulin to use sugar as an energy source.

What is the pancreas and what does it do?

The pancreas is an organ that sits behind the stomach and releases hormones into the digestive system. In a healthy body, when blood glucose levels become too high, special cells in the pancreas (called beta cells) release insulin. Insulin is a hormone and it causes cells to take in sugar to use as energy or to store as fat. This causes blood glucose levels to go back down.

What are the complications of diabetes?

Having high blood glucose levels can cause diabetes-related complications, such as chronic kidney disease, foot problems, non-traumatic lower limb (leg, foot, toe, etc.) amputation, eye disease (which can lead to blindness) heart disease, stroke, oral disease, anxiety, nerve damage, and erectile dysfunction (in men). Diabetes-related complications can be very serious and even life-threatening. Properly managing blood glucose levels reduces the risk of developing these complications.

Are you at risk?

You could be one of the many Canadians who have diabetes and don't know it. Learn the risk factors for type 1 and type 2 diabetes, and take action to stay healthy. People with diabetes can expect to live active, independent and vital lives if they make a commitment to careful diabetes management.

Diabetes and Oral Health

Oral health is important for everyone, but poorly managed blood glucose (sugar) levels can lead to dental decay and gum disease/periodontal disease (a condition that affects the gums and the bone surrounding the teeth). With very few exceptions, people with diabetes can be treated by dentists in the same manner as those without diabetes.

People with poorly managed blood glucose levels have a decrease in saliva and an increase in salivary sugar, which can lead to dry mouth, dental decay, fungal infections (thrush) and other complications. There are several over -the- counter products that either help stimulate saliva production or act as a saliva substitute. Ask your oral health professional about information on these products.

Uncontrolled blood glucose levels make gum/periodontal disease and other oral infections more difficult to heal. With poor blood glucose control, blood vessels thicken, slowing the removal of harmful wastes and decreasing the flow of nutrients, thus gum disease can occur more often and more severely.



Reference: Diabetes Canada and Spotlight on Oral Health

DIABETESCANADA

Canada urgently needs a diabetes strategy Click Here

















Statistics Canada Fact Sheet on Dental Care Release Date September 16, 2019

Health Fact Sheets Dental Care, 2018 - www150.statcan.gc.ca

This is a Health fact sheet about oral care habits, visits to dental professionals, dental insurance, and cost barriers for the Canadian population aged 12 and older. The results shown are based on data from the Canadian Community Health Survey.

https://www150.statcan.gc.ca/n1/pub/82-625-x/2019001/article/00010-eng.htm

Key Findings

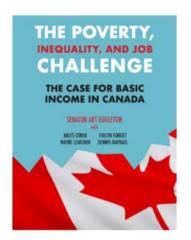
- Just over one-third (37.5%) of Canadians both brush their teeth at least twice a day and floss at least once a day.
- •In the past year, most Canadians have seen a dental professional (74.7%), however 22.4% avoided going at least once because of the cost.
- Almost two-thirds of Canadians (64.6%) have dental insurance to cover all or part of their expenses.
- •Those without insurance were about three times as likely as those with insurance to avoid seeing a dental professional because of cost (39.1% versus 13.7%).

Three-quarters of Canadians saw a dental professional in the last year

Overall, 74.7 of Canadians reported that they saw a dental professional in the past year.

Just over one-in-five Canadians avoided going to a dentist because of cost

Canadians living in households with lower income (based on household income) were less likely to go to a dental professional.



Free Ebook on Basic Income click here

Free download Here:

National Post - Andrew Coyne: Three points on the GST, to end poverty? Guaranteed income sounds like a good deal Click <u>here</u>



Treatment of Preventable Dental Cavities in Preschoolers:

A focus on Day Surgery Under General Anesthesia Get report <u>here</u>





Statistics Canada Statistique Canada



National Collaborating Centre for Indigenous Healing (NCCIH) is hosted by the University of Northern BC (UNBC) in Prince George Click Here

The NCCIH is a national Indigenous organization established in 2005 by the Government of Canada and funded through the Public Health Agency of Canada (PHAC) to support First Nations, Inuit, and Metis public health renewal and health equity through knowledge translation and exchange.

Aboriginal Peoples and Historic Trauma click here

A Legacy of Intergenerational Trauma

The mandate of the Truth and Reconciliation Commission of Canada (TRC) concludes in 2015. Over a five year period, the TRC has documented thousands of statements from residential school survivors and their descendants from across Canada.

The NCCIH explores the ongoing and devastating impacts of this accumulated trauma on the health and well-being of individuals, families, and communities, and presents one model for healing through the following two reports:

Aboriginal peoples and historic trauma:

- The process of intergenerational transmission
- Addressing the Healing of Aboriginal Adults and Families within a Community-owned College Model



The Aboriginal Liaison Program supports the Indigenous community in making the best possible use of Statistics Canada's information and services.

Aboriginal Liaison Program Contact for Saskatchewan: Renata Andres

Phone: (306) 491-0482

Email: renata.andres@canada.ca

Aboriginal Insight Newsletter click <u>here</u>

Indigenous Data Portal

June 21, 2019 was National Indigenous Peoples Day in Canada, and to honor this occasion, Statistics Canada released the Indigenous Data Portal. https://www.statcan.gc.ca/eng/subjects-start/indigenous peoples

The portal is part of Statistics Canada's Indigenous Statistical Capacity Development Initiative. It provides a central location on the agency's website where users can find links to data products about First Nations people, Métis and Inuit.

The Indigenous Statistics Portal lists and links to topics related to data on Indigenous peoples, such as Indigenous children, work, health and well-being, crime and victimization, demographic characteristics, among other topics. The portal also includes direct links to community profiles for those searching for data on specific Indigenous communities and links to an interactive map with 2016 Census data by community. Users can also quickly find information on recently released products and view data from the 2016 Census. HTML: https://www.statcan.gc.ca/eng/subjects-start/indigenous peoples





Government of Canada

Gouvernement du Canada

Jordan's Principle click here



Jordan's Principle makes sure all First Nations children living in Canada can access the products, services and supports they need, when they need them. Funding can help with a wide range of health, social and educational needs.

Jordan's Principle is named in memory of Jordan River Anderson. He was a young boy from Norway House Cree Nation in Manitoba.

Requests for Inuit children can be made through the Inuit Child First Initiative.



Child First Initiative

Ensuring Inuit children have access to the health, social and educational products, services and supports they need, such as:

- medical supplies and equipment
- mobility aids
- mental health counselling, assessments and screening
- addiction services
- •cultural services from elders
- specialized summer camps
- tutoring services and educational assistants
- •speech therapy, and more

Available to Inuit children anywhere in Canada



FNIHB Saskatchewan application form click here
FNIHB application process click here
NIHB information click here
Government of Canada questions and answers click here

For Non-Insured Health Beneifts Codes and Rates, please visit:

https://provider.express-scripts.ca/dental/benefit-grids

Description: Helping First Nations children

Between July 2016 and August 31, 2019, more than 358,000 products, services and supports were approved under Jordan's Principle. These included:

- speech therapy
- educational supports
- medical equipment
- mental health services
- and more

What is covered click here

Related links

- Honouring Jordan River Anderson
- •CHRT definition of Jordan's Principle
- •<u>Video: Jordan's Principle: Making sure First</u> <u>Nations children can get the services they</u> need
- •Video: Jordan's Principle Youth Public <u>Service Announcements</u> (developed and made available by the <u>First Nations Child &</u> <u>Family Caring Society of Canada</u>)
- •<u>Jordan's Principle Handbook</u> (developed and made available by the <u>Assembly of First</u> <u>Nations</u>)



A message from Canada's Chief Public Health Officer

Taking antibiotics unnecessarily can contribute to the rise of antibiotic-resistant bacteria. This means that harmful bacteria are becoming more resistant to antibiotics, limiting our available treatment options.

Read the full message



Dr Teresa Tam Canada's Chief Public Health Officer

Antibiotics are critically important medications for treating serious and often life-threatening infections. Yet, the more we use antibiotics unnecessarily, the less effective they become as the bacteria that cause infections develop resistance to the medications. This report describes why people may be prescribed antibiotics unnecessarily and what we can do about it.

Preserving antibiotics now and into the future

Dr. Theresa Tam, the Chief Public Health Officer of Canada, has released a spotlight report on the importance of appropriate antibiotic use. The report, Handle with Care: Preserving Antibiotics Now and Into the Future is available here



Dr. Theresa Tam shines a spotlight on the importance of using antibiotics responsibly in human medicine.

What patients can do

Patients can help prevent the problem of antibiotic resistance by:

- keeping vaccinations up to date
- protecting yourself from infection
- speaking with a healthcare provider before using antibiotics

<u>Learn more about what you can do to help fight antibiotic resistance</u>

What healthcare providers can do

Help reduce the unnecessary prescription of antibiotics by:

- talking with patients about antibiotics
- staying up to date on prescription guidelines and best practices
- leveraging available tools that promote appropriate antibiotic use

Learn more about responsible prescribing

About antibiotic resistance

Antibiotic popularity and the emergence of resistance

Why we use antibiotics unnecessarily

Social and cultural influencers in the decision whether to prescribe or use an antibiotic

Antibiotic use in Canadian communities

Who's prescribing antibiotics in your community and the widespread trend of the practice

What health system leaders can do

Health system leaders can work together to address antibiotic use by:

- sharing knowledge on appropriate use
- promoting best antibiotic prescribing practices
- investing in research and surveillance to better understand use and resistance patterns <u>Learn more about solutions to antibiotic</u> <u>resistance</u>



CAPHD-L Canadian Association of Public Health Dentistry

ORAL HEALTH SURVEILLANCE REPORT



Trends in Dental Caries and Sealants, Tooth Retention, and Edentulism, United States 1999–2004 to 2011–2016

The CDC Division of Oral Health has released a new surveillance report, <u>Trends in Dental Caries and Sealants</u>, <u>Tooth Retention</u>, <u>and Edentulism</u>, <u>United States</u>, <u>1999-2004 to 2011-2016</u>. The report uses data from the National Health and Nutrition Examination Survey (NHANES) and provides national estimates for selected oral health measures during 2011-2016, examines changes since 1999-2004, and highlights disparities in oral health by certain sociodemographic characteristics. Measures include the prevalence and severity of dental caries, prevalence of dental sealants in children and adolescents, and tooth retention and edentulism among adults and older adults.

Key takeaways:

- Prevalence of untreated tooth decay in young children has dropped from 21% to 10%
- Sealant prevalence increased by 35% among children
- Some groups of adults were more than 2x more likely to have untreated tooth decay
- Total tooth loss decreased in adults over 65, but people who currently smoke cigarettes are 3x more likely to lose all of their teeth than people who don't smoke

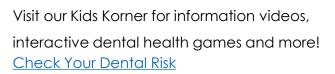
The new surveillance report and accompanying infographics can be found online here

DentaQuest Oral Health Library



The first step to good oral health is information. In our oral health library, you can learn about everything from how to floss, the impact of pregnancy on dental care, and how to overcome fear of the dentist.

Dental Health for Kids



Did you know that dental disease is preventable? Check your risk today. Diabetes and Oral Care





Did you know a regular dental check up can detect diabetes? Helpful Tips for Brushing

Follow these simple tips to help keep your teeth healthy. See All Oral Health & Wellness Resources



POLITICO

America's Oral Health: An Emerging Crisis

An estimated 74 million Americans have no access to oral health care – this is nearly double the number of people without health insurance – despite evidence showing that poor oral health is linked to cardiovascular diseases and can lead to other significant health complications. In Washington, there has been little political will to change this status quo as much of the policy discussions around health insurance coverage leave out oral health. What will it take to recognize oral health as an integral part of overall health care before it's too late?

On **Tuesday, September 24**, POLITICO held a deep-dive conversation on solutions around access, coverage and costs of oral health care in America

DentaQuest oral health resources click here

The Future of Oral Health click here



Highlights and full 45 minute video <u>here</u>



Survey paper to read go to http://www.dentaquest.com/

Click for Reversible Decay: Oral Health is a Public Health Problem We Can Solve

Most Americans Rate Oral Health as a Top Health Concern

Oral health is in fact a significant issue for Americans, according to independent research commissioned by DentaQuest. This report represents a unique 360-degree view of concerns and potential solutions for America's oral health care challenges among patients, dentists, physicians, Medicaid dental administrators and employers.

We found widespread agreement on the problems with our failing oral health system, including systematic, financial and emotional barriers to access and care. Knowing we'd identify the problems, we also asked about potential solutions and found remarkable agreement for several promising and achievable steps forward.

Americans overwhelmingly agree oral health is important for achieving overall health, and preventive oral care is key to getting there. Beyond a prevention-first approach, there's also broad appeal for greater medical-dental integration, offering oral health care beyond the dental chair, transitioning to a value-based payment model, and ensuring comprehensive adult dental coverage as part of Medicare and Medicaid.

Get your report <u>here</u>





Royal College of Surgeons UK website click here

This statement updates the FDS position on children's oral health in light of developments since 2015, and sets out a series of recommendations that describe how the government can build upon what has already been achieved. It focuses on three key areas central to eliminating child tooth decay: (1) prevention; (2) access; and (3) education.

Key recommendations

- 1. Prevention Tooth decay is almost entirely preventable. This means that preventive initiatives will be a central part of addressing the problem. Two key priorities for preventing child tooth decay, which have been agreed by the FDS and all other members of the COHIPB, are to increase children's access to fluoride and decrease their exposure to sugar. There are a number of measures that the FDS believes should be taken to achieve this.
- 2. Access Children's ability to access preventive dental services is essential to ensuring they maintain good oral health. Regular visits to the dental team ensure that a child's oral health can be closely monitored as they grow up, and that any problems can be identified and addressed at an early stage. However, data from the NHS Dental Statistics for England show that 41.4% of under-18s did not visit an NHS dentist during 2018, rising to 77.0% of young children aged between one and two. This is despite the fact that NHS dental treatment for under-18s is free, and that guidance from the National Institute for Health and Care Excellence recommends that all children should see a dentist at least once every 12 months.
- 3. Education The third key aspect of ensuring that children are supported to maintain good oral health is education, not only for children and parents themselves but also for the wider health workforce. In one particularly welcome development, the Department for Education published new statutory guidance on health education in June 2019, which sets out that children should learn about dental health and the benefits of maintaining good oral hygiene in both primary and secondary school.27

The state of Children's oral health in England report click here

Children's oral health Introduction

The need to improve children's oral health is recognised as a major public health issue, both in this country and globally. Child tooth decay has been described as "a highly prevalent worldwide disease that has high costs to society and has a major impact on parents' and children's quality of life", while a recent series on oral health in *The Lancet* said that oral diseases such as tooth decay represent "a global public health challenge". In the UK there has been rising awareness in recent years of the impact that tooth decay has on children's wellbeing and the need to address the problem.

You can get the whole article of the Position Statement August 2019 on the link here at Children's Oral Health



World Federation of Public Health Associations



The Importance of Integrating General and Oral Health

Free webinar November 15, 2019

This webinar will discuss effective approaches to strengthen collaborations between public and oral health in prevention as well as in primary and specialized care. Special focus will address non-communicable disease prevention, inequity reduction, and integration of oral and general health.

This webinar will highlight methods to integrate oral and holistic health in education and training as well as in health promotion activities in different settings. Additionally, the webinar will facilitate the development of national and international advocacy to ensure success. For more information and to register click here

Daily Tooth-Brushing as Part of an Education Curricula

Free webinar October 17, 2019

Tooth decay is one of the most common reasons for non-emergency hospital admissions among children. As such, it is crucial to educate on good hygiene practices including daily tooth brushing in the school curriculum to improve oral hygiene and prevent tooth decay.

This webinar will highlight successful approaches and initiatives, including the "Mexico City - Access to Oral Health for Children" project facilitated by WFPHA, as well as debate the challenges of making oral health for children a human right. The main focus will be on school-based implementation through effective education and comprehensive actions.

For more information and to register click here

Silver Diamine Fluoride – Transforming Community Dental Caries Programmes

Free Webinar Thursday October 10, 2019

Silver diamine fluoride (SDF) is now widely used among paediatric dentists and is transforming community programmes. In 1999, the WHO co-supported the book "Root cause – dentistry in developing countries" in which SDF was strongly advocated as a low-cost solution to managing dental caries.

The aim of this webinar is to discuss the public health issues of using SDF in community dental programmes. Participation is free, but registration is mandatory. Click here to save your spot!

This is part of the #DPH Talks webinar series lead by WFPHA Oral Health Working Group.

By registering for the Workshop, under all relevant data protection legislation and according to the <u>WFPHA</u> <u>Privacy Data Policy</u> you are informed and consent to the following points:

the workshop will be recorded and this recording used as deemed appropriate by the Organizer; you will be put in the Delegates' mailing list; the Organizer may send you e-mail messages it feels may be of interest to you (e.g. invite you to other events organized by the Organizer);

the Organizer communicates with you by email and may use your personal information for the internal purposes which will include accounts processing and internal analysis of delegates;

the Organizer can disclose your contact information to contractors who provide services in respect of the Webinar, but these parties are not authorized to distribute, sell or rent users information;

you have the right to withdraw your consent from WFPHA communications at any time. You may opt-out of all WFPHA communications by contacting secretariat@wfpha.org.

Other links:

WFPHA Newsletter August 2019

WFPHA Newsletter June 2019

WFPHA International Vaccination and Capacity Post-Workshop Newsletter

WFPHA International Vaccination and Capacity Pre-Workshop Newsletter



Save the Date! Saskatchewan Oral Health Coalition Meeting

Monday, October 21, 2019 Cumberland Room, Travelodge Hotel 4177 Albert Street, Regina

8:00 a.m. - 4:30 p.m.

The meeting will not be live-streamed



Source: Virtual Gurus

Future Meeting Dates:

Monday, October 21, 2019 - Regina Monday, May 25, 2020 - Saskatoon

Consider Becoming a Member of SOHC Inc.

Join the diverse membership of the Coalition to make a positive difference for the future of Saskatchewan residents!

Membership runs January through December annually.

Organization Levels:

- \$150 Business/For Profit Organization
- \$100 Non-Profit Organization
- \$50 Individual
- Free- Students (full-time)
 For Business/For-profit and Non-profit organizations, the fee will cover up to 5 members.

Download the Application Form <u>Here</u>

Contact Us

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www.saskohc.ca

Chairperson

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SOHC Inc. Directors

Susan Anholt (Treasurer)
Jerod Orb
Leslie Topola
Kellie Glass (Chairperson)
Dr. Parviz Yazdani

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